

CANDIDATES FOR 2023 BOARD OF DIRECTORS ELECTION*

**Each candidate had the opportunity to submit a photo, answer questions, and/or submit a bio.
Below are their self-submitted responses and information:*

District No. 1 (Dacono) the names of persons nominated as director for a Four-year term:

Breannon (Breezy) Carey:

Breezy grew up in Erie and has lived in the Carbon Valley since 2012. Breezy is a stay-at-home parent of two children. Her husband is a small business owner and Army National Guard retired service member. She played volleyball at Northeastern Junior College and Metro State, where she completed her bachelor's degree. It brings her great joy to coach her children's volleyball teams with CVPRD.

As a member of the CVPRD board of Directors, Breezy is looking forward to advocating for needs of her community. She wants to work to ensure that CVPRD services continue to move forward and grow together with our community.

District No. 1 (Dacono) the names of persons nominated as director for a Two-year term:

Lauren Geck:

Hi, I am Lauren! I am a Colorado native and have lived in Dacono for almost 6 years now with my husband, Rick. I grew up in northern Colorado and went to school at UNC in Greeley. I graduated with a bachelor's degree in finance with a minor in communication studies. I worked in finance for over a decade in downtown Denver. Now I own my own small business and I get to be home with my 2 wonderful boys, a 5-year-old, and an 8-month-old. I grew up playing sports and loving sports and know a lot about small towns as I'm from Berthoud. I am excited for this opportunity!

District No. 2 (Firestone) the names of persons nominated as director for a Four-year term:

Samantha Meiring:

Samantha has been a resident of Firestone for 21 years during which time she served as Trustee of the Town of Firestone for 8 years, and on the Carbon Valley Parks and Recreation District Board for 1 year. She lives in northern Firestone with her 2 daughters, husband, and 2 cats. Samantha works as a Program Manager for an HIV Education training center covering a 10-state region. Samantha was born in Cape Town, South Africa where she earned a post-graduate degree in Clinical Psychology. In 2000 she immigrated to the US and became a US citizen as soon as she could. With a passion for service, being involved in her community has always been a strong focus.

District No. 2 (Firestone) the names of persons nominated as director for a Two-year term:

Steven Colvin:

My name is Steven Colvin and I live in the Falcon Point at Saddleback development in Firestone. I am running for Carbon Valley Parks and Recreation District Board because I want to help enrich Carbon Valley residents by providing diverse and exceptional citizen recreation experiences, both as a Parks and Recreation District as well as in coordination with our local communities. I am active in outdoor recreation and use the community and Carbon Valley facilities regularly. My wife and I moved to Firestone from Minnesota after retiring from a 40-year career with the Minnesota Department of Natural Resources, ultimately as Director of the Ecological and Water Resources Division. In my DNR roles over the years I have managed outdoor recreation, managed budgets, provided leadership to over 400 staff, offered strategic direction to the division and department, coordinated with local communities, worked with state and federal agencies, and networked with local and state elected officials. I enjoy living in this area and really want to contribute to its growth in something I'm passionate about: public recreation.

Why are you interested in being on the Carbon Valley Parks and Recreation District Board of Directors? I am interested in being on the Board to help the District, communities and Carbon Valley residents continue to have great access to recreational activities as we continue to grow, at the recreation center, senior center, integrating with community parks and trails, and providing youth programs that are accessible to all.

What unique qualifications do you bring to the board? I have worked in the natural resource management field for over 40 years prior to my retirement in 2021. In my DNR roles I have been a regulator, managed outdoor recreation programming, worked on high-profile natural resource conservation issues. In this work I have coordinated closely with local governments, state and federal agencies and local, state, and federal elected officials.

What is the most rewarding aspect about living in the Carbon Valley Parks and Recreation District to you? I really enjoy the more temperate climate (I'm originally from Minnesota) and the many recreational opportunities, from weights and classes at the recreation to walking and biking along the many local trails.

What do you hope to contribute to the board and to Carbon Valley Parks and Recreation District? I hope to commit my energy, commitment, experience, coordination skills and integration skills to the District.

Is there anything you would like to share with the voters about yourself that these questions did not address? I love outdoor recreation: fishing, camping, hiking, biking, and wildlife viewing. I was fortunate to have had a career that allowed me to experience and manage the outdoors and would like to contribute to public and outdoor recreation.

David Goldschmidt:

David Goldschmidt knows that successful businesses need good leadership, good culture, and good results. With over 10 years of experience running small and startup businesses, he has the experience in management, entrepreneurship, team building, strategic implementation, and company collaboration. Currently, Dave is running a startup tire recycling facility in Hudson: *Tires to Green Recycling Colorado*. One thing always sticks with him while running the operation in Hudson; the mindset of "how can we continuously get better". Having run several small businesses in the past core experience makes problem solving, critical thinking, and project management strengths to be transferrable and utilized in any industry or business. His goal is to teach and encourage everyone involved to work safely, take pride in their work and to be as efficient as possible to encourage growth and knowledge.

In his free time, he enjoys spending time outdoors cycling, hiking, and generally exploring Colorado. When he's not working or spending time outdoors, other interests include attending live music, spending time with his dog Greta, and cooking.

District No. 3 (Frederick) the names of persons nominated as director for a Two-year term:

Sarah S. Bridge

I was raised in Colorado but moved away during my college years. Almost 9 years ago my husband and I decided to move back along with our three kids and two dogs. We chose Frederick as the place we wanted to live in due to the small town feel and the safety of the town. My husband and I own and operate a small In-home care business. I have also worked in real estate and lending for almost 20 years. I wanted to join the Board to be an influence in the community and keep the small town feel that we all know and love. The town is destined to grow, and it can't be stopped, but I want to ensure that we grow strategically and without giving up so much of the great community that Frederick and Firestone are known for.

David George Cotter



My wife, Margaret and I live in the Fox Run neighborhood of Frederick. We have been married for 51 years with 2 daughters and 2 granddaughters. We have lived in Frederick for 10 years with a total of 35 years in Colorado. I am retired now after a 25-year career with Storage Tek as an IT Director and Director of Technical Support. I have extensive experience in management, leadership, teamwork, and customer service that I hope to apply to the district. I also spent 8 years serving our country during the Vietnam War. My wife and I are frequent visitors to the Rec Center and the Senior Center, so we are familiar with the needs and requirements of both. We also do volunteer work at St. Theresa Church in Frederick. We take regular walks through the neighborhood and love zoom calls with our grandchildren.

Why are you interested in being on the Carbon Valley Parks and Recreation District Board of Directors? Last election year the district plan to build a new rec center was rejected by voters. I believe that I can help get that approved in the next election cycle. As a senior citizen, I also believe I can help promote our new Senior Center.

What unique qualifications do you bring to the board? I have a strong business background in management and technology. 25 years in corporate business and 10 years an entrepreneur.

What is the most rewarding aspect about living in the Carbon Valley Parks and Recreation District to you? I am proud to be a part of the community that values our parks and rec center and use them daily.

What do you hope to contribute to the board and to Carbon Valley Parks and Recreation District? As a customer service advocate, I will bring my experience and sensitivities to the board and rec center administration.

Is there anything you would like to share with the voters about yourself that these questions did not address? I take this job very seriously and will work hard for the taxpayers of the District.

Kevin Grinstead

No Bio or responses to questions submitted.

Abbigail Hebert



My name is Abbigail Hebert, and I am running for the Frederick 2-year seat for Carbon Valley Parks and Recreation District. I have lived in the Carbon Valley area all my life and would like to help make a difference in my community. The most rewarding part about living in Carbon Valley is watching my child utilize the same recreational opportunities I had growing up with the hope of building more opportunities in the future. I am an administrative professional with eight years of experience working with special district board of directors and board meetings. Additionally, I have worked for 15 years in a recreational setting and have a Bachelor of Arts in Sports and Recreation management and a minor in accounting. With an ever-changing and growing community, I am committed to doing what is best for Carbon Valley through adapting, overcoming, and being innovative to the best of my ability using my education and background in recreation. With best business practices in mind, it is important to ensure fiscal accountability of taxpayer funding and to uphold the mission of CVPRD to increase and enhance recreational opportunities through various quality programs and services.

Tyler (T.J) Macartney

TJ has lived in Frederick for 5 years after relocating from Texas where he grew up and went to school at Angelo State University where he obtained a M.Ed. in Sport and Recreation Administration. He has four years of sport and recreation experience at the University level from building operations to group fitness to officiating sporting events. He and his wife have recently welcomed their first child and are eager to become more involved in their local community and use the experience gathered with university recreation to contribute to CVPRD.

He is regularly involved in activities at CVPRD and is looking to bring a diligent mindset to the district that considers short-term needs and long-term goals. With a growing community looking to enjoy local recreation activities, he feels it's important to optimize current facilities to suit those short-term patron needs. In doing so, he believes this would provide additional time for the board to gather information on community interest for a longer-term approach to expanding what CVPRD has to offer. He further states that making decisions on behalf of the CVPRD are not taken lightly and that it is important for the community to provide input on desires and needs so that we can work towards sufficient solutions.

Beth Prasad



Having lived in the Carbon Valley since 2017, Beth has firmly rooted herself in a community she loves. She volunteers at Flatirons Community Church and serves on the leadership board for an outreach called Rise which provides wrap-around care for foster and adoptive families. Beth is a Real Estate Agent with RE/MAX Momentum and her husband, Mike, owns Thin Line Vending - as a local business owner, she values both the opportunity for growth and supporting resources for residents. Beth and her family love to visit the CVRC and her son is particularly fond of pool time with his neighborhood friends.

While serving on the board, Beth will help foster the connection between the needs of the community and the services of the district. She will be a voice for the community and an advocate for CVPRD employees. Beth believes that the district offers important activities for all ages in our community, and desires to serve both the community and CVPRD to preserve existing opportunities and adapt as needs continue to grow.

Why are you interested in being on the Carbon Valley Parks and Recreation District Board of Directors? Serving on the board provides an opportunity to actively participate in shaping the opportunities available to the community. My goal is to help improve the quality of services for residents, preserve and support existing recreational activities, and collaborate with residents, employees, and community leaders to support our thriving community.

What unique qualifications do you bring to the board? As a resident and local small business owner, I have a deep commitment to the community and a desire to serve its needs. This includes being able to balance the needs of different residents and make decisions that are in the best interests of the community. My many years in support roles and government have helped provide me with strong communication skills so I am able to understand the needs of the community and effectively communicate with fellow board members.

What is the most rewarding aspect about living in the Carbon Valley Parks and Recreation District to you? The district offers a wide range of recreational programs and classes for people of all ages and abilities. From sports leagues to fitness classes to youth camps and senior events, there is something for everyone. My husband and I have participated in the sports leagues and made new friends in the community, and our son loves to spend time with his neighborhood friends at the rec pool. These CVPRD offerings are a great way to learn new skills, meet new people, and stay engaged with the community, and I'm personally so thankful for these local opportunities.

What do you hope to contribute to the board and to Carbon Valley Parks and Recreation District? During my time on the board, I will help foster the connection between the needs of the community and the services of the district by being a voice for the community and an advocate for CVPRD employees. I believe that the District offers important activities for all ages

in our community, and my desire is to serve both the community and CVPRD to preserve existing opportunities and adapt as needs continue to grow.

Is there anything you would like to share with the voters about yourself that these questions did not address? I am committed to ensuring that the CVPRD continues to provide high-quality recreational opportunities for residents of all ages and abilities. I'm passionate about maintaining and improving the district's facilities and programs and am dedicated to fostering a strong sense of community through recreational programs and events.

Nason Spangler

Father. Husband. Marine Combat Veteran.

I will use research, data, and community input to guide my decisions on the board and help move the district and community forward. I will fight for continuous improvement of the facilities, activities, and recreational opportunities within the Carbon Valley.